

Black Student Check-In:

Reclaiming Self/Community Care

We are providing an in-person drop-in space as an opportunity for Black student's community caregiving; to listen, share, connect, socialize and be present for one another while providing self-care activities. There will be light snacks and refreshments, music, games, self-care activities, and informal supportive facilitated discussions.

This drop-in will also be a unique opportunity to meet supports and groups on campus such as the Black X-Scape (Black student peer support group), Black counsellors from the Student Wellness Center, Equity and Inclusion Office, and other Black identifying campus groups. Let's come together to build Black community care; we hope to see you there!

AUDIENCE: Black Students of all levels, alumni, staff, and faculty members interested in community care giving.

For more information contact
@bss@mcmaster.ca or equity@mcmaster.ca.



Wednesday, June 1
1 pm – 4 pm

LOCATION:
Black Student Success Centre
Peter George Centre for Living
and Learning (PGCLL)
Room M07



Black Student
Success Centre



Equity and
Inclusion Office



Black
X-Scape